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全品学练考

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练习册

高中英语7

选择性必修第四册 BS

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01 培养核心素养，聚焦主题语境

Unit 10 CONNECTIONS

主题素养积累

Many people expect that their friends will always be there. They expect friendships to last forever. Yet, friendships end and friends **part company** every day. Unfortunately, even the best **maintained** friendships can end.

Many friendships end because of a change in personality or lifestyle when friends just drift apart and **fade away** with time. The friendship slowly loses importance and finally disappears.

Sue said, "The end of our friendship was a gradual thing. I moved from one side of the metropolis to the other. We had over an hour's drive to see each other. For a year or so, we met less and less. Then our friendship ended." John wrote, "**I didn't even know the friendship was over until I caught myself thinking of Alan as a former friend.**"

Other friendships **break up** suddenly from a disagreement or a move to another town.

Paul said, "When I moved to Seattle after college, our friendship abruptly died. We were both **struggling with** new jobs and didn't **keep in touch**. Now that friendship was so dead, I didn't even call him when I went home."

Yet the biggest threat to a friendship is change. Lillian Rubin in her book *Just Friends* says, ways, the friendship most likely will be lost."

Regardless of why, when, or how friendships end, there is always some pain of loss. When nothing can be done to mend the friendship, it is important to feel the pain fully. Then move on to **enhance** another friendship or build entirely new friendships.

【主题词句背诵】

1. part company (with/from sb) 离开;分手;断绝关系
2. maintain *v*. 保持,维持
3. fade away 逐渐消失
4. catch sb doing sth 发觉/当场发现某人正在做某事
5. think of...as... 把……看作……
6. break up 关系破裂
7. struggle with 与……做斗争
8. keep in touch 保持联系
9. enhance *v*. 增进;提高;增强
10. I didn't even know the friendship was over until I caught myself thinking of Alan as a former friend.
直到我发觉自己把艾伦看作以前的朋友,我才知道这段友谊已经结束了。
11. Regardless of why, when, or how friendships end, there is always some pain of loss.
不管友谊因为什么、在什么时候或者以何种方式结束,总会有一些失去的痛苦。

02 夯实语言基础，搭建知识框架

词汇点睛

1. envy *n*. & *vt*. 羡慕,忌妒

(1)envy sb sth	羡慕某人某物
envy sb doing sth	因做某事忌妒或羡慕某人
(2)be the envy of sb/sth	是某人/某物羡慕(或忌妒)的对象
out of envy	出于忌妒
with envy	羡慕地
green with envy	非常嫉妒的;眼红的
(3)envious *adj*.	羡慕的
be envious of...	忌妒……,羡慕……

【佳句背诵】

My elder sister was amazed at the refreshing toy car, with a hint of **envy** in her eyes.
我的姐姐惊讶地看着这个令人耳目一新的玩具

句型透视

1. (教材 P8) **"Six Degrees of Separation" refers to the theory that any person on Earth can be connected to any other person through a chain of no more than five other people.** "六度分隔"理论说的是地球上任何人都可通过不超过另外五个人与一个陌生人联系起来。

句型公式

同位语从句

【句式点拨】

that 引导同位语从句,作名词 theory 的同位语。

【归纳拓展】

that 引导同位语从句时,在从句中不充当成分,只起连接作用。可以跟同位语从句的名词通常有

03 多维度设置练习，精选语篇，针对有效

课内基础巩固

Ⅰ 单词拼写（每小题1分，满分4分）

1. The children's enthusiastic cheers and smiles filled the _____（体育场）as their favourite soccer team scored a goal.
2. When feeling unwell, Tom always visits the _____（诊所）that gives very kind service and professional advice timely.
3. Near the park, the small _____（画廊）shows recent photos that record daily life in our town.
4. The farm lies in the western s_____ of the city, covering an area of about 10 acres.

Ⅱ 单句填空（每小题1.5分，满分10.5分）

1. Joe was _____（envy）of his brother's
7. As an official in the Eastern Jin Dynasty, Tao felt _____（conflict）over life at court and he quit the service of the court and lived in a poor, rural area.

Ⅲ 短语填空（每小题2分，满分8分）

1. His desire to pursue a career in art was _____ _____（与……冲突）his parents' expectations that he should choose a more stable profession.
2. Fiona _____（闲逛）with friends when she suddenly heard someone calling out for help.
3. It is essential to _____（与……联系）your parents on a regular basis because they are concerned about you.

课后素养提升

Ⅴ 阅读理解（每小题2.5分，满分10分）

Learning new languages can be empowering, opening doors to connect with people from different cultures. Recently, a man practising Chinese gained widespread attention after visiting a local Lanzhou noodle restaurant and speaking the language in a truly memorable way. Canadian resident Cali Lopez shared a video of his interaction with a Chinese waitress and their authentic and curious exchange quickly won praise online.

The incident occurred in Saskatoon, one of Canada's largest cities, with a growing Chinese community. Cali appeared anxious and nervous at the Lanzhou noodle restaurant before a waitress menu and explain each dish's preparation to help him order. After some thought, he chose the thinnest of the round noodles.

Curious about his language skills, Cali then asked, "Can you understand me?" and waited eagerly for her response. The waitress confirmed she could, leaving Cali visibly moved.

The one-minute video of this genuine and heartfelt exchange has received widespread praise on social media for recording a real, spontaneous（自发的）moment without any forced emotion.

（ ）1. How did the waitress feel at Cali's greeting in Chinese?

A. Surprised.　　B. Confused.

C. Annoyed.　　D. Uninterested.

04 重视新高考写作，熟练高考新题型

Ⅵ 应用文写作（满分15分）

假定你是李华，你校新成立了"剪纸社团"（Paper-cutting Club）和"书法社团"（Calligraphy Club），你的英国朋友Chris对这两个社团很感兴趣，但不知如何选择，发邮件向你咨询。请你给他回信，内容包括：

1. 推荐一个社团并说明理由；
2. 告知报名方式及截止时间。

注意：1. 词数80个左右；

2. 开头和结尾已给出，不计入总词数。

Dear Chris,

_____

_____

Ⅶ 读后续写（满分25分）

阅读下面材料，根据其内容和所给段落开头语续写两段，使之构成一篇完整的短文。

In today's world, where negativity often takes centre stage, it's easy to overlook the simple acts of kindness that can bring joy to someone's life. I recently had a personal experience that reminded me of this during a particularly challenging week.

My week had been filled with problems, from work-related stress to unexpected bills and broken items. By the time I needed to go to the store for a few essentials, I was already feeling overwhelmed and at my breaking point. Despite

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Unit 10 CONNECTIONS

★ 提示：加底纹词汇为复现词汇

Period One Topic Talk

课内基础巩固

Ⅰ 单词拼写(每小题1分,满分4分)

1. The children's enthusiastic cheers and smiles filled the _____(体育场) as their favourite soccer team scored a goal.
2. When feeling unwell, Tom always visits the _____(诊所) that gives very kind service and professional advice timely.
3. Near the park, the small _____(画廊) shows recent photos that record daily life in our town.
4. The farm lies in the western s_____ of the city, covering an area of about 10 acres.

Ⅱ 单句填空(每小题1.5分,满分10.5分)

1. Joe was _____(envy) of his brother's talent for music, wishing he could play the guitar as skilfully as him.
2. Experts agree that timely _____(intervene), supported by professional teams, will truly prevent the crisis from getting worse quickly.
3. I felt terrible and hugged her tightly, _____(apologise) for my mistake.
4. A heated discussion ended in fierce _____(disagree) when someone voiced a completely different idea.
5. Coach's constant _____(encourage), full of trust, pushed the young athlete to break the final race record.
6. His brother _____ his conversation and told him a piece of _____ news, which made him very _____. (disturb)
7. As an official in the Eastern Jin Dynasty, Tao felt _____(conflict) over life at court and he quit the service of the court and lived in a poor, rural area.

Ⅲ 短语填空(每小题2分,满分8分)

1. His desire to pursue a career in art was _____ _____(与……冲突) his parents' expectations that he should choose a more stable profession.
2. Fiona _____(闲逛) with friends when she suddenly heard someone calling out for help.
3. It is essential to _____(与……联系) your parents on a regular basis because they are concerned about you.
4. At the end of last year, the school started a project _____(号召) teachers to donate books to children in the remote villages.

Ⅳ 句型训练(每小题3分,满分9分)

1. The reason is _____ _____ _____. (表语从句)
原因是我想邀请你在5月20日参加我的高中毕业典礼。
2. In order to help us have a healthier eating habit, _____ _____ will be given by Steven, a well-known nutritionist. (过去分词作定语)
为了帮助我们有一个更健康的饮食习惯,著名的营养学家斯蒂芬将做一个题为"良好的饮食习惯"的讲座。

3. Professor Zhao, our wise research advisor, is the scholar _____ we couldn't complete the thesis on time. (介词 + 关系代词)

赵教授,我们睿智的研究顾问,是那个没有他我们就无法按时完成论文的学者。

课后素养提升

Ⅴ 阅读理解(每小题 2.5 分,满分 10 分)

Learning new languages can be empowering, opening doors to connect with people from different cultures. Recently, a man practising Chinese gained widespread attention after visiting a local Lanzhou noodle restaurant and speaking the language in a truly memorable way. Canadian resident Cali Lopez shared a video of his interaction with a Chinese waitress and their authentic and curious exchange quickly won praise online.

The incident occurred in Saskatoon, one of Canada's largest cities, with a growing Chinese community. Cali appeared anxious and nervous at the Lanzhou noodle restaurant before a waitress approached him. Greeting her in her native language, he nearly left her in shock.

With a smile, Cali then politely asked the waitress if he could practise his Chinese and began ordering in her language, asking questions about the menu. He noticed a dish that caught his interest and asked in Chinese, "Is this sour pickle (泡菜) soup hot?" The waitress replied, "Yes, a little bit spicy." Cali, who works as an English teacher, was fine with mild spice, replying, "Oh, I just want to order one." When she asked about his other food preferences, he shared his desire for a dish with rice noodles.

The waitress then listed the restaurant's six types of noodles, including three round and three flat varieties. Cali appeared to struggle a bit while discussing the types of noodles in Chinese, requesting the waitress to point to the menu and explain each dish's preparation to help him order. After some thought, he chose the thinnest of the round noodles.

Curious about his language skills, Cali then asked, "Can you understand me?" and waited eagerly for her response. The waitress confirmed she could, leaving Cali visibly moved.

The one-minute video of this genuine and heartfelt exchange has received widespread praise on social media for recording a real, spontaneous (自发的) moment without any forced emotion.

( )**1**. How did the waitress feel at Cali's greeting in Chinese?

A. Surprised. B. Confused.

C. Annoyed. D. Uninterested.

( )**2**. What can we learn from Cali's conversation with the waitress?

A. He was eager to practise Chinese.

B. He struggled with mild spicy food.

C. He turned down her offer of help.

D. He found it effortless to discuss the menu.

( )**3**. What may have impressed the audience most in Cali's video?

A. The Chinese food.

B. The Chinese language.

C. His genuine use of Chinese.

D. His knowledge of Chinese noodles.

( )**4**. What does the article mainly talk about?

A. Language barriers of dining out.

B. The challenges of learning Chinese.

C. A heartwarming cultural exchange.

D. The importance of being communicative.

Ⅵ 阅读七选五(每小题2.5分,满分12.5分)

Every year, Tyler VanderWeele chooses a six-week period to do things for others that might ordinarily seem too inconvenient. 1. _____ He might give a friend an unexpected gift, invite someone out for coffee, set aside time at work to support a colleague, or bring a family member's favourite food to the dinner table.

2. _____ Such acts of kindness can not only make the giver and recipient feel good, but they can also promote our psychological and physical health in surprising ways. There's convincing evidence that kindness is linked with a number of aspects of health and well-being. Some studies have indicated it can improve happiness and a sense of engagement with life and reduce symptoms of anxiety. 3. _____ An international trial published online by *Social Psychiatry and Psychiatric Epidemiology* suggested that kindness decreases social isolation and loneliness, which are increasingly linked to a variety of negative health effects. There's growing research suggesting that our bodies benefit too, with kindness associated with lower blood pressure and stress levels.

And focused efforts matter. 4. _____ Performing five selfless acts on a single day each week for six weeks, as VanderWeele does, benefits more than spreading them over the course of a week. For instance, consistent volunteerism, a form of sustained kindness, is connected with living longer and functioning better as we age.

But is kindness born or made? How can kindness be developed? It may be more challenging for some, but reflecting on times when others have been kind to you can create more kindness. Pick one day a week for six straight weeks to do five kind things. 5. _____

A. His good deeds are many and varied.

B. That person goes on to act more kindly.

C. Over time, you can become a kinder person.

D. It also increases a sense of social connectedness.

E. You may believe yourself to be a very kind person.

F. These examples are more than just random displays of generosity.

G. Concentrating on kind gestures enhances well-being more powerfully.

Ⅶ 语法填空(每小题1.5分,满分15分)

Trade and curiosity, as well as cultural exchange, have often formed the 1. _____ (found) of mankind's greatest achievements. To complete the great map of the world was a strong passion for the people of early civilizations. 2. _____ (actual), merchants and explorers from the East set sail from east to west much earlier than Columbus first did.

In ancient times, silk from China found its way along 3. _____ became known as the Silk Road. Here, merchants from China and many other places met 4. _____ (negotiate) trade deals. Over the centuries, further trading allowed more exploration of the regions to the west of China, which 5. _____ (document) in Du Huan's *Record of My Travels* in the eighth century. Between 1405 and 1433, 6. _____ the command of Zheng He, seven large fleets sailed west on voyages of trade and exploration.

Although China 7. _____ (withdraw) from further expeditions after 1433, these land and sea routes remained active channels between other cultures for centuries. Today, China has invested billions in systems and services along these routes, 8. _____ (encourage) cooperation and trade across the historic Silk Road areas.

With many other places 9. _____ (leave) to explore, there is still 10. _____ urgent need to study other important projects, which will drive China to reach out across the sea far into the future.

班级

姓名

题号	答题区
阅读理解	
1	
2	
3	
4	
七选五	
1	
2	
3	
4	
5	

Period Two　Lesson 1 How Closely Connected Are We?(Reading)

课内基础巩固

Ⅰ 单词拼写(每小题1分,满分7分)

1. First of all, begin by learning simple greetings and commonly used _____(短语), which will help you communicate with the locals.
2. She could hardly contain herself with delight when she opened the _____(包裹).
3. It dawned on her that human love and kindness towards others is like a _____(链条) holding everybody together.
4. A _____(两月一次的) science magazine, full of latest research, attracts teens interested in chemistry and biology.
5. The _____(社会学家) argues that social equality depends on fair education and more policy support greatly.
6. We should not only know the t_____ but also know how to apply it to practice.
7. The school's computer n_____, updated last term, makes online study convenient and effective for all students.

Ⅱ 单句填空(每小题1.5分,满分10.5分)

1. The book has helped me greatly in my daily communication, especially at work where a good _____(impress) is a must.
2. Last month, our community held a charity event where volunteers _____(random) gave out small gifts to people passing by.
3. The trainers are sure that the whale will look after itself well if _____(release) into the sea.
4. Joining a club will help you meet new friends and become more _____(involve) in the school community.
5. Many new fitness apps offer _____(target) exercise plans based on users' age, weight and fitness goals they set.
6. Prior to the Sui and Tang dynasties, Chinese poems were _____(basic) written for singing.
7. There are several _____(refer) books to help you find necessary information and make your choice.

Ⅲ 短语填空(每小题2分,满分6分)

1. When I finished my historical report last month, I _____(参考) to three library books for detailed facts about that event.
2. We all regarded this outing as an unforgettable experience, for it not only made us _____(与……亲密;靠近……) nature, but also enhanced the friendship between us students.
3. These graphs can _____(被用作) visual aids to help explain the data more clearly during the presentation.

Ⅳ 句型训练(每小题3分,满分9分)

1. We shouldn't turn a blind eye to the fact _____.(同位语从句)
这个城市的空气已被严重污染,我们不应该对这一事实视而不见。
2. She held the handwritten note _____, tears slowly filling her eyes with warmth.(非谓语)
她拿着最好的朋友递来的手写字条,温暖的泪水渐渐充盈了她的眼眶。
3. _____ while tourism brings in money for the local economy, it may also bring some problems.(形式主语)
人们意识到旅游业在给当地经济带来收益的同时,也可能会带来一些问题。

课后素养提升

Ⅴ 完形填空(每小题1分,满分15分)

Last summer, I participated in a community service programme that completely changed my world view. Our team of twenty students were divided into three groups to __1__ different social issues.

The environmental team __2__ rehabilitating the local river ecosystem. Armed with specialized tools, we __3__ 53 kg of non-biodegradable waste, from plastic bottles to __4__ fishing nets. Though the sun was extremely hot, seeing the sparkling water reflecting clear skies again made every drop of sweat __5__.

__6__, the education support team organized free classes for migrant workers' children. My teammate Amy transformed English grammar into treasure hunt games. "Their __7__ for learning shines brighter than any classroom light," she whispered, nodding at a girl carefully __8__ the word "horizon" in her notebook.

The most touching moment came when our elderly care group visited a nursing home. We __9__ traditional Chinese paper-cutting art activities. While teaching paper-cutting, retired Professor Zhang held his handcrafted flower, tears streaming down his wrinkled cheeks. "Youthful __10__ heals deeper than medicine," he said.

Through these experiences, I realized __11__ work isn't about changing the world overnight. It's the small, consistent acts of __12__ that weave the social safety net. The children's laughter as they learned new songs, the elderly's smiles while sharing childhood stories, and the __13__ beauty of nature all taught me the true meaning of __14__ responsibility. This invisible curriculum __15__ us into more compassionate human beings.

( )**1**. A. discuss B. avoid
C. address D. raise

( )**2**. A. moved on B. depended on
C. insisted on D. concentrated on

( )**3**. A. detected B. measured
C. removed D. documented

( )**4**. A. melting B. shining
C. new D. abandoned

( )**5**. A. worthwhile B. meaningless
C. powerful D. salty

( )**6**. A. Therefore B. Meanwhile
C. Finally D. Surprisingly

( )**7**. A. hunger B. respect
C. capacity D. strategy

( )**8**. A. deleting B. hiding
C. tracing D. carving

( )**9**. A. prepared B. emphasized
C. attended D. inspected

( )**10**. A. wisdom B. compassion
C. energy D. curiosity

( )**11**. A. police B. volunteer
C. education D. group

( )**12**. A. kindness B. competition
C. profit D. faith

( )**13**. A. outstanding B. famous
C. restored D. impressive

( )**14**. A. personal B. financial
C. academic D. social

( )**15**. A. classifies B. shapes
C. separates D. persuades

Ⅵ 阅读七选五(每小题2.5分,满分12.5分)

Helping people in need is a great way to make the world a better place. From the smallest acts of kindness to global humanitarian efforts, there are numerous ways in which you can help out your fellow humans.

班级

姓名

答题区 题号

完形填空

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

七选五

1 2 3 4 5

Donate money or supplies to an organization.

Making a donation is one of the easiest and most effective ways to help others. 1. _____ You may even have some unused items sitting around your home that could go to someone in need, like your unneeded furniture and clothing.

Participate in local or online fundraising efforts.

If you don't have the money or goods to donate yourself, assist in fundraising resources from the people who do. Offer to help with fundraising for a local organization or business, or set up your own fundraiser. You can also spread the word about online fundraisers by sharing posts on social media. 2. _____

Use your platform to raise awareness of social issues.

Will you use social media and feel comfortable posting about political and social issues on your account? 3. _____ You can spread important messages and increase the number of people who care about and contribute to a cause. Advocate causes by sharing stories, fact-checked information, and routes for others to mobilize resources and take action.

4. _____

There's nothing wrong with deciding to help out others in a reactive way—for instance, donating money in response to a current emergency like a natural disaster, or political conflict. However, it's equally important to consistently practise the skills to help others. For example, consider getting trained in CPR and other first aid methods.

5. _____ Start with the simple things like holding the door for someone or offering a genuine compliment. Just take action!

A. Commit to reactive actions.

B. Be active about gaining the skills.

C. Using your voice online can be a powerful way.

D. However, money isn't the only thing that you can donate.

E. So, the next time you see a GoFundMe post, just click "Share"!

F. Helping others doesn't need to include novel ideas or grand gestures.

G. It can be difficult to know exactly how to begin actively helping others.

Ⅵ 语法填空(每小题 1.5 分,满分 15 分)

A walk through the *hutong* near Beijing's Drum Tower is always like stepping back in time. But 1. _____ one recent cold winter night, during a walk through a well-travelled *hutong* there, I found myself suddenly transported back to my childhood years.

I was heading towards one of the 2. _____ (area) two excellent CD record stores, when a display in a shop window caught my eye. Upon 3. _____ (close) inspection, I realized the painting was a jigsaw puzzle, and the shop was devoted to such puzzles. When I stepped inside, the store's toasty warmth relighted fires in my heart and memory. Long ago, while doing the puzzles and searching 4. _____ (endless) for the proper piece, I often found myself wondering whether perhaps I had lost a piece 5. _____ maybe my cat had stolen one. To effectively solve problems, we need effort and rest; when 6. _____ (stick), we need a break to bring clearness, finding the missing piece rapidly.

Among the valuable lessons and rewards that these puzzles offer 7. _____ (be) that patience and determination are enhanced. But what is most 8. _____ (benefit) is how, like the detective Sherlock Holmes, we look for answers or clues, working tirelessly 9. _____ (find) the perfect fit. It's an approach 10. _____ pays off when we encounter any challenge that life presents.

Period Three　Lesson 2 Community Spirit

课内基础巩固

Ⅰ 单词拼写(每小题1分,满分4分)

1. In a _____(紧密联结在一起的) community, neighbours often come together to support each other during difficult times.
2. Last month, our family made a detailed plan to cut unnecessary _____(家庭的) expenses like extra online shopping.
3. The local government built a large wetland park on the city's _____(郊区) to improve the surrounding air quality.
4. Had it not been for your timely assistance in giving me first aid, I fear that the _____ (后果) might have been more serious.

Ⅱ 单句填空(每小题1.5分,满分10.5分)

1. Researchers are studying the _____ (frequent) of earthquakes in the region to better understand seismic activity.
2. We booked a hotel for the hiking trip, and _____(additional) we checked the weather forecast for the next week.
3. Our school will hold a charity sale this Saturday _____(consist) of three parts: book sales, crafts and snacks to help children in need.
4. China consistently holds the view that economic development should be coordinated with environmental _____(protect).
5. Some _____(respect) writers took part in discussions on literature with readers at various meetings and events related to literature.
6. With his suggestions _____(reject), he felt desperate, running out of the office.
7. Living on campus for three years left me a bond _____ other boarders in the same dorm.

Ⅲ 短语填空(每小题2分,满分8分)

1. Some people prefer to go out for travelling _____(而不是) stay at home since it can increase their knowledge and broaden their horizons.
2. Last summer, many young plants in the desert _____(死于) drought because there was no rain for nearly two months.
3. Today, as we learn more about sharks, more people than ever want to _____ them _____(保护……免于) extinction.
4. It is accepted that everything may seem difficult at the start of its progress, but if you _____(坚持,保持,继续下去) it, you can overcome it.

Ⅳ 句型训练(每小题3分,满分9分)

1. I'm wondering _____ _____ each week, for I prefer to have some time at my disposal.(宾语从句)
   我想知道这门课每周有几节课,因为我更喜欢有一些时间由我自由支配。
2. We should choose the books _____ _____ with knowledge, virtues and good interests.(定语从句)
   我们应该选择在知识、美德和好的兴趣爱好方面对我们最有益的书籍。
3. _____, we should try our best to protect it.
   当我们享受大自然的魅力时,我们应该尽我们最大的努力保护它。

课后素养提升

Ⅴ 阅读理解(每小题 2.5 分,满分 20 分)

A

A desire for offline connection is driving a UK book club revival, offering a way to escape screens and loneliness. From celebrity-backed groups like Dua Lipa's to "silent" clubs, these gatherings prioritize community as much as literature. "The rise reflects a hunger for deeper bonds," says Holly Cooke, founder of The Lonely Girls Club, which expanded into book clubs amid growing demand.

Statistics prove the trend: book club lists on Eventbrite jumped 350% post-2020, while "book club" reentered Meetup's top 10 search terms. Clubs like Glasgow's Feminist Book Club, founded by Stefanie McCartney, now attract up to 40 attendees monthly.

Today's clubs combine literature with themed experiences—like detective night dinners or knitting (针织) circles—to serve specific audiences. Identity-focused groups, such as Literally Black Book Club, create safe spaces for minority group communities. Silent book clubs, meanwhile, offer connection through shared quiet reading.

As technology advances, people are facing heightened social isolation (孤单). Loneliness and digital overload are key drivers. "The isolation emphasized our need for meaningful interaction," Cooke explains. Book clubs provide structure, McCartney adds, allowing people to engage however they choose.

As screen fatigue (疲惫) grows, many seek refuge in physical books and in-person discussion. Cooke says: "People want a break from screens, like how music fans enjoy old-style records or people write diaries." Clubs without alcohol are also popular. More clubs now don't focus on drinking. McCartney states: "We need choices besides drinking." Member Laura Menendez likes that and thinks it's not about buying things; it's about being together, not spending money. Celebrities like Dua Lipa and Kaia Gerber have intensified the trend, drawing younger audiences.

In an age of disconnection, book clubs combine tradition with modern needs, proving shared reading is anything but outdated. As Cooke notes, "It's never been more relevant. They provide a space where ideas are challenged, broadened, and enriched through collective discussion, offering connections and the insights after the pages are turned, leaving a remarkable mark on the community."

( )**1**. What drives the UK book club revival?
A. Social media influence.
B. Desire for real-world bonds.
C. Increased publishing of novels.
D. Government cultural policies.

( )**2**. How does the author illustrate the book clubs' popularity?
A. By citing platform statistics.
B. By listing club varieties.
C. By mentioning celebrity examples.
D. By describing member emotions.

( )**3**. What does the underlined word "refuge" in Paragraph 5 mean?
A. Recreational activity.
B. Routine behaviour.
C. Social responsibility.
D. Safe shelter.

( )**4**. What does Cooke think of the book clubs' impact?
A. It's far-reaching.
B. It's youth-dependent.
C. It's digitally-driven.
D. It's entertainment-focused.

B

How people communicate with one another varies wildly from culture to culture. In our fully globalized times, it is more important than ever to understand these differences and where they come from. One way to obtain such an understanding is through the concept of high-context and low-context cultures, developed by Edward T. Hall.

High-context cultures use communication that focuses on underlying context, meaning, and tones in the message, and not just the words themselves. On the contrary, low-context cultures expect the content of communication to be evidently stated so that there's no risk of confusion, and if a message isn't clear enough, it will slow down the process of communication. In the most extreme cases, leaving any sort of wiggle room for interpretation can be catastrophic (灾难性的).

Although it can be a complex characteristic whether a culture is high-context or low-context, it can determine many other aspects of a particular culture. For example, in a high-context culture, similarity is an important characteristic. This is because the majority of the population in high-context cultures typically have the same level of education, as well as a shared ethnicity, religion, and history. Through these shared experiences, messages can be contextualized by assuming an audience will think in the same way and follow the implicit message in someone's speech or writing. In low-context cultures, the opposite is true. Low-context cultures are usually diverse, and focus on the individual, instead of the group. Communication must be basic enough to allow for as many people to understand it as possible.

Just as communication in general is different for high-context and low-context cultures, the forms of communication also vary. Generally, high-context cultures prefer oral communication, while low-context cultures favour written communication. When it comes to e-mails, texts, and online messaging, it is more common to send brief and frequent messages in low-context cultures. Low-context cultures also want the communication to focus on basic questions, like: What's happening? Where's it happening? When's it going to happen? How's it going to happen? High-context cultures will tend to move in the other direction, with a focus on longer forms of communication that don't always focus on basic questions.

( )**5**. How does the author introduce the topic of the text?

A. By making an assumption.
B. By analysing the present situation.
C. By sharing the history of a theory.
D. By listing basic figures and facts.

( )**6**. What do the underlined words "wiggle room" in Paragraph 2 mean?

A. The chance to refuse dialogs.
B. The need for extra knowledge.
C. The freedom to make changes.
D. The desire for less confusion.

( )**7**. Why do high-context cultures witness similarity?

A. Personal interests give way to collective interests.
B. Speakers seek to make themselves fully understood.
C. Shared experiences shape the same way of thinking.
D. Individuals try to narrow differences and bridge gaps.

( )**8**. How do high-context and low-context cultures differ?

A. High-context cultures pursue politeness.
B. High-context cultures hardly chat online.
C. Low-context cultures care about the results.
D. Low-context cultures like simple exchanges.

班级
姓名
题号 答题区
阅读理解
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Period Four　Lesson 3 Anne of Green Gables （Reading）

课内基础巩固

Ⅰ 单词拼写(每小题1分,满分7分)

1. The coach _____(叹气) as he watched his team being overthrown by a last-minute goal from the opposing team.
2. To my disappointment, what I saw was a cold face with a _____(皱眉).
3. After I told Mum I failed the important exam, she patted my back and I _____(啜泣) in her warm arms.
4. After I put my folded piece of paper into the box, I closed my eyes and _____(紧握) my hands, praying quietly.
5. The photograph captured a _____(有泪痕的) face of a child who had just lost his beloved pet.
6. When we visited the museum last month, we saw ancient animal _____(骨头) dug up by archaeologists in the northern desert.
7. Frightened of the noise in the night, the girl didn't d_____ to sleep in her room.

Ⅱ 单句填空(每小题1.5分,满分12分)

1. Officials believe the _____(adopt) of a greener development plan will be a step in the right direction.
2. My heart _____(freeze) in my chest as I saw the tractor heading towards the motorway by itself.
3. His latest novel explores the complexities of human relationships, _____(reveal) the hidden emotions and motivations that drive the characters' actions.
4. The woman could _____(bare) utter any more words with her face burning with embarrassment.
5. To my great _____(amaze), he should remember me though we hadn't seen each other for over 20 years.
6. Afterwards, this young man proceeded _____(become) the world heavyweight champion in 1964, and later changed his name to the one we all know—Muhammad Ali.
7. When she knew she wasn't chosen for the art competition, the young artist tore her work _____ despair.
8. As soon as he got to the office this morning, Jack dived _____ project files to meet the urgent deadline.

Ⅲ 短语填空(每小题2分,满分14分)

1. Trapped in the dense mist, I could do nothing but _____(突然哭起来), helpless and disappointed.
2. The teacher _____(朝……点头) the students to encourage them to participate in the class discussion.
3. As the audience applauded, the performer _____(抬起头), filled with gratitude for the support and encouragement.
4. To get a promotion at work, my cousin plans to _____(开始从事) digital marketing courses in his spare time this year.
5. To make a comfortable room, we set out to clean the room, _____(收起,收好) all the decorations and drew the curtains open.
6. All kinds of magazines and research papers _____(出版) with the aim of feeding readers' appetite for specific knowledge.
7. Friends came together to _____(为他送别) with a surprise party before he moved to another city for his new job.

Ⅳ 句型训练(每小题3分,满分9分)

1. She spoke about her travels _____ _____ the globe, sharing vivid stories and unforgettable experiences.
她谈论她的旅行,仿佛她已经走遍了世界的每一个角落,分享着生动的故事和难忘的经历。

2. He felt _____ in front of the large audience, even though he was well-prepared.
尽管他准备充分,但他还是紧张得不敢在大量观众面前说话。

3. On the side of the mountain path _____ _____ that attract passing butterflies. (完全倒装)
在山间小径的一侧,生长着许多色彩鲜艳的野花,吸引着路过的蝴蝶。

课后素养提升

Ⅴ 完形填空(每小题1分,满分15分)

I had one of those mornings when everything went wrong. I __1__ something over. Coffee spilled, making my clothes covered with __2__, while my keys seemed to __3__ my mind and faded into the air. Just as I was about to leave for groceries, I __4__ I'd forgotten my shopping list. With annoyance eating away at me, I finally __5__, half an hour behind my usual schedule.

As I __6__ my destination, I noticed a blind man on the other side of the road, holding a red and white cane (手杖). His uncertain calls for help __7__ across the road. Without hesitation, I rushed over. Learning he needed to reach a supermarket, which was conveniently located near my home, I offered to __8__ him. During our walk, he asked about my shopping. When I mentioned bananas and apples, he insisted on buying them for me. His __9__ inspired a memory, and I shared how my husband had once helped a person, receiving grapes as a gesture of expressing thanks.

At the store, he carefully picked out six bananas and six apples, __10__ I left with fresh produce. After he paid, __11__, I thanked him and headed home, carrying not just the fruit but also the warmth of our __12__.

Back home, my husband's eyes widened in __13__ as I recounted the story. What began as a(n) __14__ morning had transformed into a beautiful reminder of the power of kindness. It was a heartening realization that acts of compassion create a(n) __15__, spreading joy and leaving lasting impressions, and turning ordinary days into extraordinary ones.

( )1. A. tipped B. got C. put D. thought
( )2. A. holes B. patterns C. paints D. spots
( )3. A. ruin B. escape C. occupy D. change
( )4. A. predicted B. assumed C. realized D. guessed
( )5. A. checked out B. headed off C. signed up D. stepped aside
( )6. A. neared B. chose C. planned D. arranged
( )7. A. disappeared B. stopped C. mattered D. travelled
( )8. A. accompany B. comfort C. praise D. cheer
( )9. A. reflection B. insistence C. optimism D. confidence
( )10. A. regretting B. complaining C. acknowledging D. ensuring
( )11. A. temporarily B. secretly C. gratefully D. proudly
( )12. A. encounter B. recall C. competition D. appointment
( )13. A. sadness B. alarm C. disbelief D. peace
( )14. A. terrifying B. frustrating C. exciting D. moving
( )15. A. story B. honour C. cycle D. inspiration

Ⅵ 阅读七选五（每小题2.5分，满分12.5分）

The library guardian

In the heart of Sunnyside Community, Ms Clara, a 72-year-old retiree, has turned the local library into a lifeline for children and seniors. For 15 years, she's arrived at 8:30 am to unlock the doors, prepare storytime kits and dust the shelves. 1. _____ "Many kids here don't have books at home," she says. "A library card is their first step to freedom."

Ms Clara's impact goes beyond books. She remembers every child's name and favourite works—Liam loves space novels while Mia adores graphic novels. 2. _____ "She notices when a kid misses a week," says parent Tom. "She'll call us to check if they're okay."

For seniors, Ms Clara hosts monthly "Memory Lane" sessions in the library, where they share photos and stories. In fact, seniors often arrive early to help her set up chairs. "Clara makes me feel useful again," says Mr Chen, who now brings his late wife's recipes to the group. 3. _____

When the library faced budget cuts last year, Ms Clara gathered the community. She organized a bake sale, invited local artists for a charity auction (拍卖会), and even taught the kids to write letters to council members. 4. _____ "We didn't just save the library," she smiles brightly. "We proved we're a family."

Today, the library's walls are covered with kids' drawings and thank-you notes. 5. _____ "My reward is seeing a shy child grin when I hand them their first book," she says. "That's why I keep coming back."

A. Her efforts prevented the library from closing.
B. The shelves hold more than 2,000 donated books.
C. She even memorizes their birthdays and favourite snacks.
D. She also volunteers at the local senior centre twice a week.
E. This routine is her way of saying "welcome" to every visitor.
F. Some kids call her "Grandma Clara" when they hug her goodbye.
G. These sessions have become a highlight for seniors longing for connection.

Ⅵ 语法填空（每小题1.5分，满分15分）

Young people at the East Wind Foundation in Los Angeles' Chinatown spend their after-school hours practising the traditional folk art of lion dance, an ancient art 1. _____(date) back to the Han Dynasty. It is not only a performance for these youths 2. _____ a way for them to connect with the tradition and build a sense of belonging within the community in this 3. _____(dynamic) changing world.

Lion dance is a demanding art form, requiring 4. _____(strong) and cooperation. Each evening, 5. _____(practice) begin with body-building exercises and martial arts training 6. _____(prepare) for the complex movements of lion dance. Through this disciplined routine, participants master the traditional techniques and develop toughness and teamwork 7. _____ help build a foundation for personal growth.

East Wind also teaches the cultural significance behind the art form. The annual blessing ceremony, where new lion heads are welcomed, 8. _____(offer) youths a chance to learn how to honour their ancestors. Elders guide them in traditions like dotting (点缀) a lion's eyes with ink, awakening the lions to life in a 9. _____(symbol) way.

Beyond ceremonies, East Wind builds community connections by organizing field trips in nature. These experiences allow youths from different families to explore and bond with their peers. They build lasting friendships while enjoying a meaningful interaction 10. _____ nature.

Period Five　Grammar

课内基础巩固

Ⅰ 单句填空(每小题 1.5 分,满分 12 分)

1. Mobile phones are not allowed _____ _____(take) into the campus now according to the new regulations.
2. The elderly _____(care) for very well since they moved to the nursing home.
3. Thanks to the latest technology, this new kind of washing machine _____ (operate) well now.
4. The commercial _____(create) by a talented team of advertisers and was broadcast on national television last weekend.
5. The extreme climate changes have done great harm to the country, which _____ (state) in the article.
6. More and more carbon dioxide _____ _____(release) into the air at present, contributing to the severer global warming effects.
7. Many of his science fiction works _____ _____(publish) by the time he graduated from university.
8. After _____(show) the hidden path by the local villager, we started hiking towards the mountaintop.

Ⅱ 语法 + 写作(被动语态)(每小题 3 分,满分 18 分)

1. In China, _____ to bring good fortune in the Chinese New Year.
在中国,人们会在中国新年给孩子们红包,以求带来好运。
2. _____ to gently open the old wooden box his grandma kept.
他被好奇心驱使着,轻轻打开了奶奶珍藏的那个旧木盒。
3. While I was concentrating on photographing this amazing scene, I suddenly had a feeling that _____.
我正在聚精会神地拍摄这惊人的景观,突然觉得有什么在盯着我。
4. _____ by the government in order to stop air pollution.
为了阻止空气污染,政府已经采取了很多措施。
5. I sincerely appreciated _____ _____ the chance to enable me to participate in the complex project.
我衷心感谢给我这个机会,使我能够参与这个复杂的项目。
6. It was a bit embarrassing _____ _____ the shop assistant by a customer who asked for help.
有位顾客过来求助,却把我误认为是店员,这有点尴尬。

Ⅲ 语篇语法填空(每小题 1.5 分,满分 15 分)

The lion dance is one of the most widespread folk dances in China. Ancient people regarded the lion as a symbol of bravery and strength, 1._____ could drive away evil and protect humans. Therefore, performing the lion dance in festivals and big events has become a custom now and people expect 2._____(pray) for good luck, safety, and happiness.

The 3._____(early) use of the word *shizi* (meaning the lion) appeared in Han Dynasty text and had strong association with Central Asia. Lions 4._____(present) to the Han court from Central Asia at that time. A detailed 5._____(describe) of the lion dance appeared during the Tang Dynasty and it was then recognized by writers and poets 6._____ a foreign dance. However, the lion dance may have been recorded in China as early as the 7._____(three) century AD.

8. _____ (develop) over 2,000 years, the lion dance has evolved into two major forms—the Northern Lion Dance and the Southern Lion Dance. Both forms are found 9. _____ (common) in China now, but around the world especially in Southeast Asia, the Southern Lion Dance predominates (占主导地位) because 10. _____ was spread by those people who were historically mostly of Southern Chinese origin.

课后素养提升

Ⅳ 阅读理解(每小题2.5分,满分20分)

A

In Burnham-on-Sea, a bright yellow sign marks "The 'Happy to Chat' bench: sit here if you don't mind someone stopping to say hello." This bench was designed to deal with loneliness among the elderly in the seaside town. The bench has become a place where people like Ann, who has lived alone since her divorce 13 years ago, can strike up conversations with strangers. Ann explains that even just seeing the bench can spark a conversation, leading to natural interactions about holidays, local life, and personal stories.

Another example of engineering opportunities for real human interaction is the "Chatty Café Plan". Started in 2017 by Alexandra Hoskyn in the UK, the initiative encourages cafés to designate a "Chatter & Natter" table where customers can sit if they are open to chatting with others. The plan has expanded to other countries, including Australia, Canada, and the United States, aiming to reduce loneliness by creating a welcoming space for conversation.

Real human connection is significant for our physical and mental well-being. Social interactions can reduce stress, lower the risk of depression, and improve the overall mental health. Physically, engaging with other people is capable of boosting our immune system, and even increasing longevity (寿命).

In a world that seems so connected through the Internet, phones, and social media, why are we having to engineer human interaction? Despite the rise in social media, many people still feel disconnected. Social platforms often provide superficial (肤浅的) connections rather than meaningful interactions, leading to a dilemma where we are more connected digitally but feel lonelier in real life.

Perhaps it is time to get off the Internet, put down our phones, and remember that we are social beings. Start by talking to your neighbours, chatting with the person in the queue, and engaging with your colleagues. Attend local community events, join clubs or groups that interest you, and try to reconnect with friends and family.

( )**1**. Why was the "Happy to Chat" bench introduced in Burnham-on-Sea?
A. To promote local businesses.
B. To attract tourists to the seaside town.
C. To honour the happy moments with family.
D. To handle loneliness among elderly residents.

( )**2**. What does the underlined word "designate" mean in Paragraph 2?
A. Buy. B. Assign.
C. Remove. D. Deliver.

( )**3**. Which of the following is a benefit of human connection?
A. Creating more online friendships.
B. Increasing social media followers.
C. Strengthening the immune system.
D. Improving digital communication skills.

( )**4**. What is the best title for the passage?
A. The power of face-to-face interaction
B. The history of digital communication
C. The solution to loneliness of the elders
D. The popularity of chat benches and cafés

B

In an era marked by globalization, there exist all kinds of cultural differences, leading to some cultural divides and misunderstandings. How to settle them? Education is a way. Education is a powerful tool in bridging cultural divides and minimizing misunderstandings. In a world that is increasingly interconnected, educational systems play a key role in preparing individuals to handle and respect cultural diversity.

Multicultural education involves incorporating different cultural perspectives into the curriculum. This approach helps students understand and appreciate various cultural backgrounds, developing empathy and respect. It also challenges stereotypes and prejudices by presenting a more delicate view of different cultures.

Language education is also crucial. Beyond learning to communicate in different languages, language education provides insights into the way people think, behave and interact in different cultures. It opens doors to understanding slight differences in communication and cultural standards that are often tied to language.

Moreover, educational exchange programmes are vital in promoting cultural understanding. By studying abroad or participating in exchange programmes, students gain first-hand experience of other cultures, which helps break down barriers and build intercultural competence—the ability to handle and respect cultural differences effectively.

Digital technology also plays a role in cultural education. Online platforms and virtual exchanges offer opportunities to students to interact with peers from around the world, pushing cross-cultural dialogue and understanding. These platforms can be particularly effective in reaching a wider audience and going beyond geographical limitations.

In an ever-interconnected world, the importance of understanding and bridging cultural differences cannot be overstated. The journey towards bridging cultural gaps begins with awareness and respect. Recognizing that our ways of seeing the world are not universal, but rather one perspective among many, is the first step. This does not mean wakening our cultural identity but expanding our understanding to appreciate the cultural identities of others. It involves listening with an intention to understand, not just to respond, and adapting our communication styles and expectations to suit diverse settings.

( )**5**. How can education help in a globalized world according to the text?

A. By removing language barriers.

B. By promoting economic growth.

C. By increasing technological advancements.

D. By developing empathy and understanding.

( )**6**. What does Paragraph 3 mainly tell us about language education?

A. Its importance. B. Its origin.

C. Its programmes. D. Its standards.

( )**7**. How do digital technologies contribute to cultural education?

A. They replace traditional methods of teaching.

B. They limit students' interaction with negative peers.

C. They broaden students' access to cultural knowledge.

D. They merely focus on promoting local cultural content.

( )**8**. What does the author think is the primary action to bridge cultural gaps?

A. Enhancing mutual respect.

B. Ignoring cultural differences.

C. Wakening one's own culture.

D. Rejecting other cultural views.

班级

姓名

题号	答题区
阅读理解	
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